

Sport Court Schedule Winter/Spring 2020

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday			Saturday					
	Front	Back Half	Front	Back Half	Front Half	Back Half	Front Half	Back Half	Front Half	Back Half	Front	Back Half	Front Half						
5:00a						RIP 30							RIP 30						
5:15a																			
5:30a				Group Training 2		Group Training 2	Fit4Mom Strides 360	Group Training 2		Group Training 2		Group Training 2		Group Training 2					
5:45a																			
6:00a																			
6:15a																			
6:30a																			
6:45a																			
7:00a																			
7:15a																			
7:30a																			
7:45a																			
8:00a																			
8:15a																			
8:30a																			
8:45a																			
9:00a		Kids Club on the Court Ages 3 +		Bootcamp				Group Training 3					Group Training 3						
9:15a																			
9:30a						Kids Club on the Court Ages 3 +				Kids Club on the Court Ages 3 +									
9:45a																			
10:00a																			
10:15a																			
10:30a																			
10:45a																			
11:00a				Group Training 2				Group Training 2					Group Training 2						
11:15a																			
11:30a																			
11:45a																			
12:00p				Group		RIP 30		Group											

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8:30p			Full Court BB (21+)	Full Court BB (21+)	Full Court BB (21+)	Full Court BB (21+)	Full Court BB (21+)	
9:00p								
9:30p								
10:00p								
11:00p								
Updated 1/3/19			*15+ Full Court Basketball available on Group Ex Floor after classes are done for the evening*					

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Back Half
Group Training 2
Kids Club on the Court
Ages 3 +

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Small Group
Private Class
Full Crt BB
Youth Free
FreeOngoing
Fit Pass