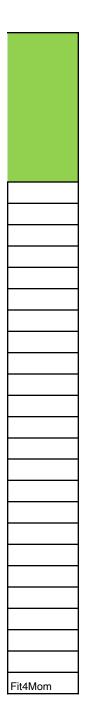
	Sun	day	Mon	day	Tuesday		Wednes	day	Thursda	ay	Friday		Saturda
	Front	Back Half	Front	Back Half	Front Half	Back Half	Front Half	Back Half	Front Half	Back Half	Front	Back Half	Front Half
5:00a						RIP 30						RIP 30	
5:15a													
5:30a				Group		Group	Fit4Mom	Group		Group		Group	
5:45a				Training 2		Training 2	Strides	Training 2		Training 2		Training 2	
6:00a							360						
6:15a													
6:30a													
6:45a													
7:00a													
7:15a													
7:30a													
7:45a													
8:00a													
8:15a													
8:30a													
8:45a													
9:00a		Kids Club	·	Bootcamp				Group				Group	
9:15a		on the						Training 3				Training 3	
9:30a		Court				Kids Club	)			Kids Club			
9:45a						on the				on the			
10:00a						Court				Court			
10:15a													
10:30a	_												
10:45a		Ages 3 +				Ages 3 +				Ages 3 +			
11:00a				Group				Group				Group	
11:15a				Training 2				Training 2				Training 2	
11:30a													
11:45a													
12:00p				Group		RIP 30		Group					

12:15p	Training 3				Training 3					Full Court
12:30p			Cross					Cross		(15+)
12:45p			<b>Train</b>					Train		
1:00p										
1:15p										
1:30p										
1:45p										
2:00p	Golf Fit									
2:15p										
2:30p										
2:45p										
3:00p			Strength							
3:15p			for Osteo							
3:30p										
3:45p										
4:00p		Youth Soccei								
4:15p	Gym Class	Ages 4-6	Run		Dodgeball		Bootcamp			
4:30p	Sports		Around				4 Kids			
4:45p	Ages 6+		Ages 6+		Ages 6+		Ages 6+			
5:00p										
5:15p										
5:30p										
5:45p										
6:00p	Group				Group					
6:15p	Training 2				Training 2					
6:30p										
6:45p										
7:00p										
7:15p										
7:30p	Full CBB	Full Court	BB	Full Cour	t BB	Full Cour	t BB	Full Cou	rl BB	
8:00p	(15+)	(15+)		(15+)		(15+)		(15+)		

8:30p			Full Court BB	Full Court BB	Full Court BB	Full Court BB	Full Court BB	
9:00p			(21+)	(21+)	(21+)	(21+)	(21+)	
9:30p								
10:00p								
11:00p								
Updated	1/3/1	9	*15+ Full Court	Basketball available	on Group Ex Floor	after classes are de	one for the evening*	

Back Half	
Group	
Tualmina 0	
Training 2	
Kids Club	
Kids Club on the	
Kids Club on the	
Kids Club on the	
Kids Club on the Court	
Kids Club on the Court	
Kids Club on the Court	



Small Group

Private Class

Full Crt BB

Youth Free

FreeOngoing

Fit Pass