



WINTER/SPRING 2020

YOUTH CLASSES

MONDAYS

9:30-10a Little Yogis (3+) @ Racquetball Court
10:05-10:25 Storytime (0+) @ Kids Club
4:15-5p Gym Class Sports (6+) @ Sport Court

TUESDAYS

9:45-11a Kids Club on the Court (3+) @ Sport Court
4-4:30p Beginning Soccer (4-6) @ Sport Court
4:15-5p Run Around (6+) @ Sport Court
4:15-5p Moves & Grooves (6+) @ Wellness Studios - Jade

WEDNESDAYS

4:15-5p Dodgeball (6+) @ Sport Court
4:15-5p Youth Boxing (6+) @ Wellness Studios - Amber

THURSDAYS

9:45-11a Kids Club on the Court (3+) @ Sport Court
4:15-5p Bootcamp 4 Kids (6+) @ Sport Court

FRIDAYS

9:30-10:00a Little Yogis (3+) @ Racquetball Court

SATURDAYS

9-11a Kids Club on the Court (3+) @ Sport Court
10-11a Youth Strength Training (9+) @ Weight Room (Fit Pass)

SUNDAYS

9-11a Kids Club on the Court (3+) @ Sport Court

be strong. be fit. have fun.